

Question: I own a hairdressing and beauty salon and have been thinking of adding Colon Hydrotherapy as a treatment. Is it easy to become qualified and what is involved in setting up?



by
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SINCE SETTING up in Spain we have been surprised at how few clinics there are. I have clients travelling over 100 miles for treatments and there seems a real shortage of trained therapists in Spain.

I travel back to the UK six times a year to run a Colon Hydrotherapy course. Many of my trainees are beauty therapists, chiropractors, masseurs etc, looking to add an additional service to their business. I have now been asked to set up a training centre out here in Spain. The first one will be at the end of September this year.

Firstly you will need a basic knowledge of anatomy and physiology (this can be trained). The training is then split into two sections: the first involves 60 hours of home study with assignments to be completed. Once you have completed the

home study you then attend the practical training over six days. At the end of the practical course you are awarded your certificate and you are able to practice straight away.

To set up, a key consideration is privacy for your clients. Ideally you should have a room with a toilet in it or next to it. You will need a hot and cold water supply, a massage bed and finally the colonics machine. I use a machine that is portable so it can be used at various venues, but there are a number of different types and styles available, and during training we would look at which one would best suit you.

There is a great link between colonics and beauty – in fact a colonic is now known as the new facial. It leaves people glowing with great skin. It is an excellent addition to any beauty or hair dressing salon.



If you would like any further information on training to become a colon hydrotherapist,

follow the link on our website www.thekamalacentre.com or visit

www.thekamatraining.com or give us a call to discuss further details on **965 875 869**.

For an appointment please contact The Kamala Centre, Calpe on **965 875 869** or visit www.TheKamalaCentre.com.

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