

rtnhealth

Question: I really want to take part in your 3 detox program but I am unable to have a colon hydrotherapy treatment for medical reasons. Are there any other options?



by **Carol West**
The Kamala Centre,
Calpe

ANSWER:

IN OUR three day detox program, clients have 3 colon hydrotherapy treatments in 3 days and we provide them with 3 days worth of nutritious and healthy juices. It has proved to be the most popular thing we have ever done and we are usually booked up a week or two in advance. We have now had several clients lose over 10 lbs in 3 days and many people have commented how much healthier they feel with more energy than they have had in years.

We have also had several people contact us because they either, like you, cannot have a colon hydrotherapy treatment or really do not fancy the idea of such a treatment but would still like the benefits of a 3 day detox. As from September we have added two further 3 day detox plans to try to meet everyone's needs.

The first addition is called The Cleansing 3 Day Detox. You still receive the wonderful 3 days of juices and the 7 days of pro-biotics. But in addition you receive 3 massages in 3 days. On day 1 you receive a colon massage; on day 2 a lymph massage and on day 3 a fantastic Balinese

massage. The total cost for all this is only €160.

The other option is for those who are short of time or finances, called The 3 Day Juice Detox. With this you receive 3 days of nutritious juices, 7 days of pro-biotics plus either a colon hydrotherapy treatment or a colon massage all for €120

If you are fit and well and really want to make a change we would always recommend our main program The Ultimate Detox with 3 colon hydrotherapy treatments, 3 days of juices and 7 days of pro-biotics for only €200. Following requests from clients we have added a couple of optional extras to the treatments at reduced prices. You can add a food intolerance test of over 600 items and/or a session of EFT (emotional freedom technique) or hypnotherapy for an additional €40.

We hope the addition of these other packages along with these optional extras will encourage you to join the hundreds of people who have already chosen to detox their lives.

Visit our website at www.thekamalacentre.com or call us on **965 875 869**



Orange juice is a rich source of Vitamin C

For an appointment please contact The Kamala Centre, Calpe on **965 875 869** or visit www.TheKamalaCentre.com

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